

The GAZZLY

Spring 2011

Livin' Easy

quick, simple styles to keep you cool in summer

Center Stage:

An inside look at Butler's Theatre Department

Transfer Guide:

Easy tips on how to transfer to a university

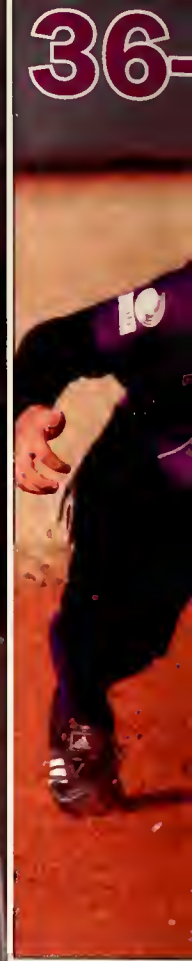
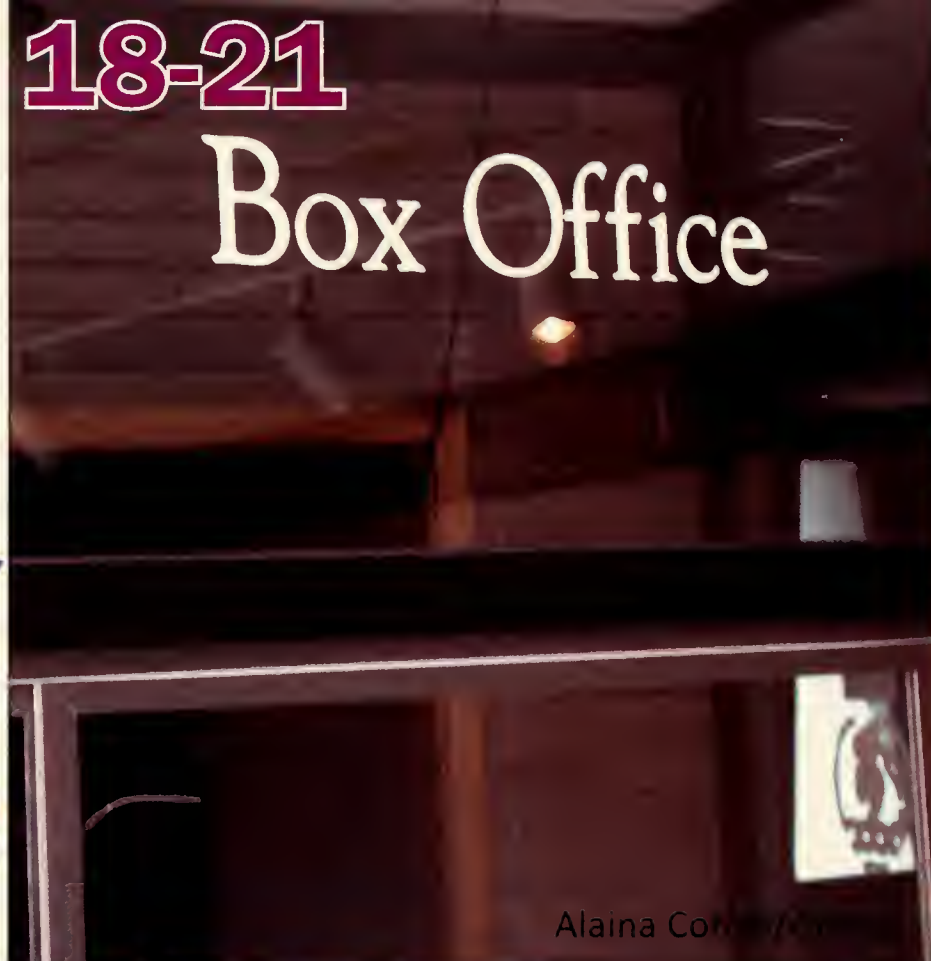
Budget Cuts:

Wichita Schools Cut back on activities

School's Out for Summer?

How taking Summer classes can be an advantage to students

Butler Community College



On the **COVER**-Cat Kramer, Wichita, freshman is Livin' Easy. Turn to page 10 for fun, easy tips for summer fashion.

2010-2011 Magazine Staff
 Editor-in-Chief: Kayla Banzet
 Design Editor: Gordon Cave
 Managing Editor: Megan Mahurin
 Adviser: Michael Swan

Staff Writers

Alaina Cohen
 Emily Kindel
 Kayla Clarke

Amanda Peters
 Jessica Claassen
 Shauna Greenlee



Jessica Claassen/Grizzly



L.W. Nixon Library
Butler Community College
901 South Haverhill Road
El Dorado, Kansas 67042-3280

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Feature

Top Websites

Gordon Cave
Design Editor
Shauna Greenlee
Designer

TOP useful websites

Our top six most useful
websites for college students

1 Stumble Upon

Wouldn't it be very useful to have a website that connects you to other websites according to your interests? Well, that's why there is StumbleUpon. It's a website formed in 2001 that generates different websites (an endless amount) associated with your interests that you select when you join the websites. For students, I could see it being very useful if you wanted to research one topic, such as Nuclear Power, or animals. Plus, you can "stumble" just one topic all you wanted or stumble every single interest you have check marked. I have over 300 favorites in my StumbleUpon, many of which I plan on using in schoolwork.



» oddcast™

Learning a foreign language is often a sought after trait in getting a job after college, and many colleges are starting to require around 9 credit hours of a foreign language. What if you were working on a study guide for your next Spanish test? You need a good translator because sometimes the translators that Google offers don't work for the most part. The Oddcast Translator works perfectly. Although I am not enrolled in a foreign language class at the moment all of my friends that are, say this translator works perfectly. It even speaks the words out for you! Many voices are available, in either male or female. There are also over 30 languages available for translation.

2 Oddcast Translator

3 Project Gutenberg

Free books you ask? I have the perfect website for that. Project Gutenberg was created in 1971 as a way for students and anyone else who was interested, to download full text of free books. The website is claimed to have more than 32,000 books in possession for free downloads as well as 50 new books every week. This website would be perfect for those students who forget to grab that last book out of the library. The books even work on the Kindle and iPad. Some popular books available on the website are Mark Twain's, "The Adventures of Huckleberry Finn," as well as "Importance of Being Earnest" by Oscar Wilde.



“I use it quite often in my literature and English classes,”
Melinda Bahruth,
Freshman **”**

Not every book or poem you read is going to be completely understood the first time you read it. That's why there is SparkNotes, a website where a quick summary of (almost) every book you read during college is. There is a vast amount of books located on this website. Each one has a summary, character analysis, plot overview and summaries of each chapter (if applicable). It is a great website if at 3 a.m., you quickly remember the library is not open, but SparkNotes is open 24/7. "I use SparkNotes quite often in my literature and English classes. It helps me understand the topics we are assigned," says freshmen Melinda Bahruth, Augusta.

4 Spark Notes

5 Wikipedia

This next website that I think is useful for students will go against everything you have been told since you first learned about its existence. Wikipedia. Almost every teacher I have had since middle school has told me, never use Wikipedia. The main (and not only) reason is because anyone and everyone can put anything and everything on there. Yes, it's true- to an extent. If something is going to be changed on an article viewed many times a day (Earth, Barack Obama, Honda Civic) the changes are going to last minutes, if that. And that is why I want you to use Wikipedia. Grab some quick information about a topic and research more about it. It is truly a great way to start a research paper, just don't cite directly from Wikipedia. That will land you a guaranteed F on your next paper.

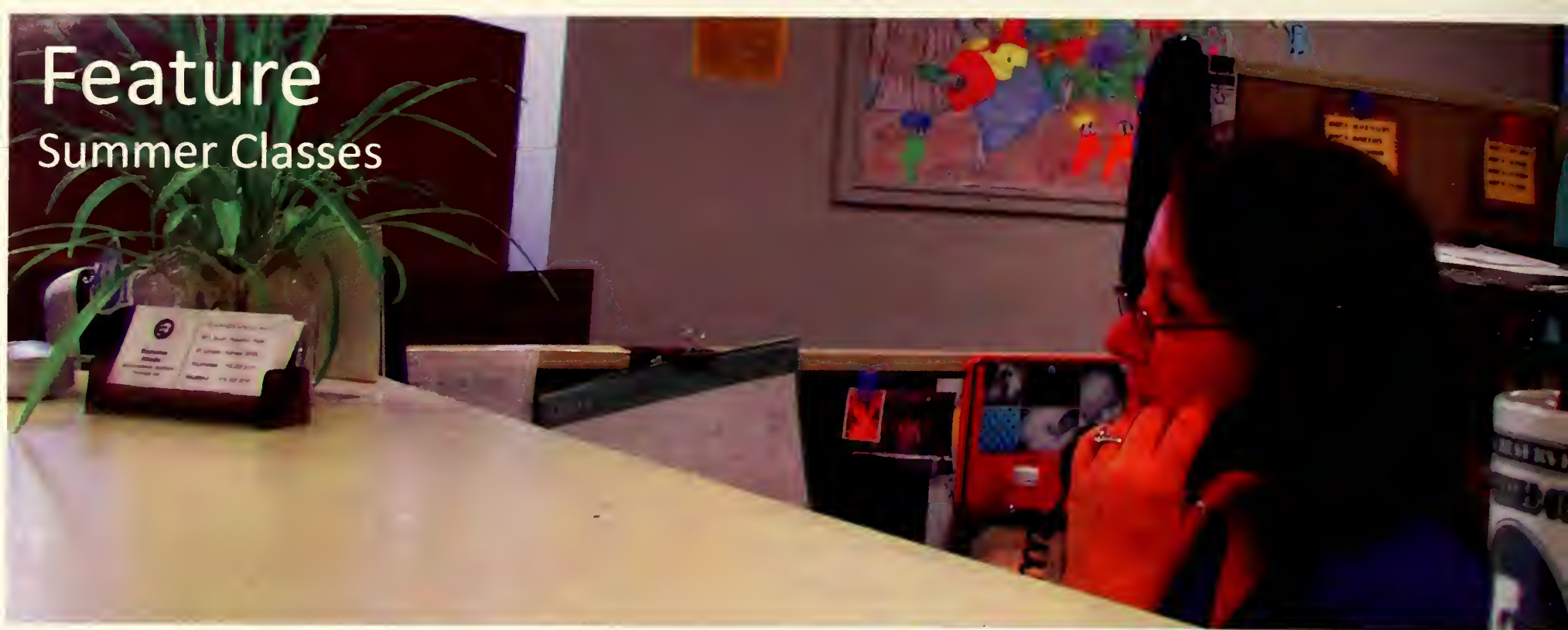


Admit it, not every teacher you have had at Butler has been your favorite. There have been ups and downs, favorite teachers you never want again (or want to torture your friends with). And then there is Rate My Professor. It gives ratings for the majority of teachers at Butler, as well as an overall rating for each Butler campus. The website users (which might be your fellow classmates or you) can also insert a small summary about the teacher and what class they were enrolled in. I have used it on multiple occasions and have avoided an unpleasant class with an unpleasant teacher.

6 Rate My Professors

Feature

Summer Classes



Summer Classes

Alaina Cohen
Staff Writer

To go to school in the summer or not to go to school is the million dollar question for most college students. There are lots of advantages to taking summer classes and as with anything else, there are disadvantages too. One of the advantages to taking classes in the summer is being able catch up on college credits instead of overloading during the Fall and Spring semesters. Another advantage is that you have an opportunity to get into popular classes that may be hard to enroll in during the regular school year. Summer school may be the only time for you to take certain classes that are outside your major during the semester.

"I'm talking summer classes so I can get a couple more

[classes] out of the way and it will be less stressful. I don't know what I am taking yet, I haven't looked," says Alexis Schueller, Andale freshman.

Summer school usually has smaller class sizes, which may be an easier learning environment for some students. Now, with all these great reasons to take summer classes there are a few things to look out for.

"Summer school really doesn't have any disadvantages, except that it goes a lot faster and you really have to concentrate, but it's good for students who are returning or just trying to catch up without overloading themselves during the Fall and Spring semester," says Glenn Lyrgrisse, Dean of Enrollment Management.

Summer classes meet for 8 weeks, half of the time you would spend in a classroom during the

normal Fall and Spring semester. You may have less work but it will be tougher to catch up if you miss or fall behind. Financially it may be harder on your wallet, instead of just overloading during the school year.

"I'm not taking any classes this summer. I plan to work and save up for school since I have to pay for school myself," says Kristen McCune, Valley Center sophomore.

For some, summer may be a time to hang out at the pool with a glass of cool lemonade or maybe, for some overachievers, it may be to the high road to getting your degree faster.

"The advantages to taking summer classes is that it's quicker and they're good if you only have a few credits left and want to finish up your degree, but they require large blocks of time, and that's not something I have," McCune says.



Gordon Cave/Grizzly



In the summer of 2010, 2,164 students enrolled for classes with a total of 11,704 credit hours. As of April 2011 the summer enrollment and credit hours reached 12,549. So far, 161 more students enrolled this summer than last summer.

"Most of these students are a mix. Either they are returning students trying to catch up or they are students from another college and live locally and trying to get their general education classes out of the way," Lygrisse says.

Most of the students who enroll for summer classes are taking gen eds. Some students are fresh out of high school and looking to get ahead or continuing their education through the summer. A&P classes are most likely to fill up the fastest so be sure if you are wanting to take

one of those classes, get in fast. Students who usually take A&P classes do so completing a prerequisite for their nursing degree.

"Butler offers small class sizes compared to Spring and Fall, a user friendly atmosphere, confidence and teachers actually see the summer as a legitimate semester," Lygrisse says.

Taking classes in the summer may not be as fun but it definitely has its advantages. This summer you may decide to finally take that cruise or bungee jump off the Golden Gate Bridge or

even, Heaven forbid, get ahead on your degree by taking classes this summer. Whatever you choose this summer, have a great one.

Feature

Profiles

Amanda Peters
Staff Writer

.... Strangers.... Re



Who are you:
Chinasas Machebe

Where are you from?
Wichita

Why you chose Butler:
It's convenient and it also cost less
Plus I just needed my general education classes to transfer to Hutch

Who are you:
Stephanie Miranda

Where are you from?
Dallas, Texas

Why you chose Butler:
Because I have a soccer scholarship.



mmates... Bestfriends

Who are you :

Kevin White

Where are you from?

Wamego

Why you chose Butler:

I did cross-country in high school, and the coach wanted me to come here, and it was cheaper.



Who are you:

Trenton Carrillo

Where are you from?

Winfield

Why you chose Butler:

I have a fine arts scholarship.



Throw a flowy, printed top on over your bikini top, and pair it with colorful shorts.

Shauna Greenlee
Staff Writer

livin' easy

quick, simple styles to
keep you cool in summer





Guys, keep it simple with a T-shirt and flat bill. Girls, use your favorite sundress as a cover-up over your swimsuit.

Kenny Butler, Johnson City freshman
and Cat Kramer, Wichita freshman

Feature Butler Growth

Megan Mahurin
Managing Editor

Butler Grows..

and Grows, and Grows and Grows, and

"The average class size at Butler is increasing. A lot more classes are being filled to capacity instead of having 5 or 6 empty seats," says William Rinkenbaugh, vice-president of student services.

*Butler has a
total of 10,116
students.*

When you're a senior and finishing high school, you have probably been debating where to go for college for about a year or so now, and 10,116 students choose to attend Butler Community College last fall.

This boost in numbers has posed some questions. Will the classes at Butler become crowded? Is Butler adding more classes to accommodate the extra students?

More and more of us have chosen Butler, and the majority of the students at Butler attend the Andover campus. Fifty percent of Butlers' population of students attends the Butler of Andover Campus. Butler Community College is known for having multiple campuses. We have a total of six major campuses. These campuses include: El Dorado, Andover, Rose Hill, Flint Hills (Marion and Council Grove), McConnell Air Force Base, and online courses. So what made all of us decide to attend one or more of the six Butler campuses? Well, everyone has their own reasons, and whatever those reasons may be, more of us are going to college.

According to the National Center for Educational Statistics (NCES), "the number of young students has been growing more rapidly than the number of older students, but this pattern is expected to shift. Between 1995 and 2006, the enrollment of students under age 25 increased by 33 percent. Enrollment of people 25 and over rose by 13 percent during the same period. From 2006 to 2017, NCES projects a rise of 10 percent in enrollments of people under 25, and a rise of 19 percent in enrollments of people 25 and over." With all these rising numbers we



Gordon Cave/Grizzly

Grows, and Grows and Grows, and Grows, and Grows

wonder if Butler, known for the quality and small classes, is going to have to increase the number of students per class in turn making the one-on-one time with teachers diminish and become harder to come by.

"We will not sacrifice our quality for the increased numbers," says Rinkenbaugh.

More classes to choose from over more students per class, sounds like a great way to adjust to the rising numbers in enrollment.



Gordon Cave/Grizzly

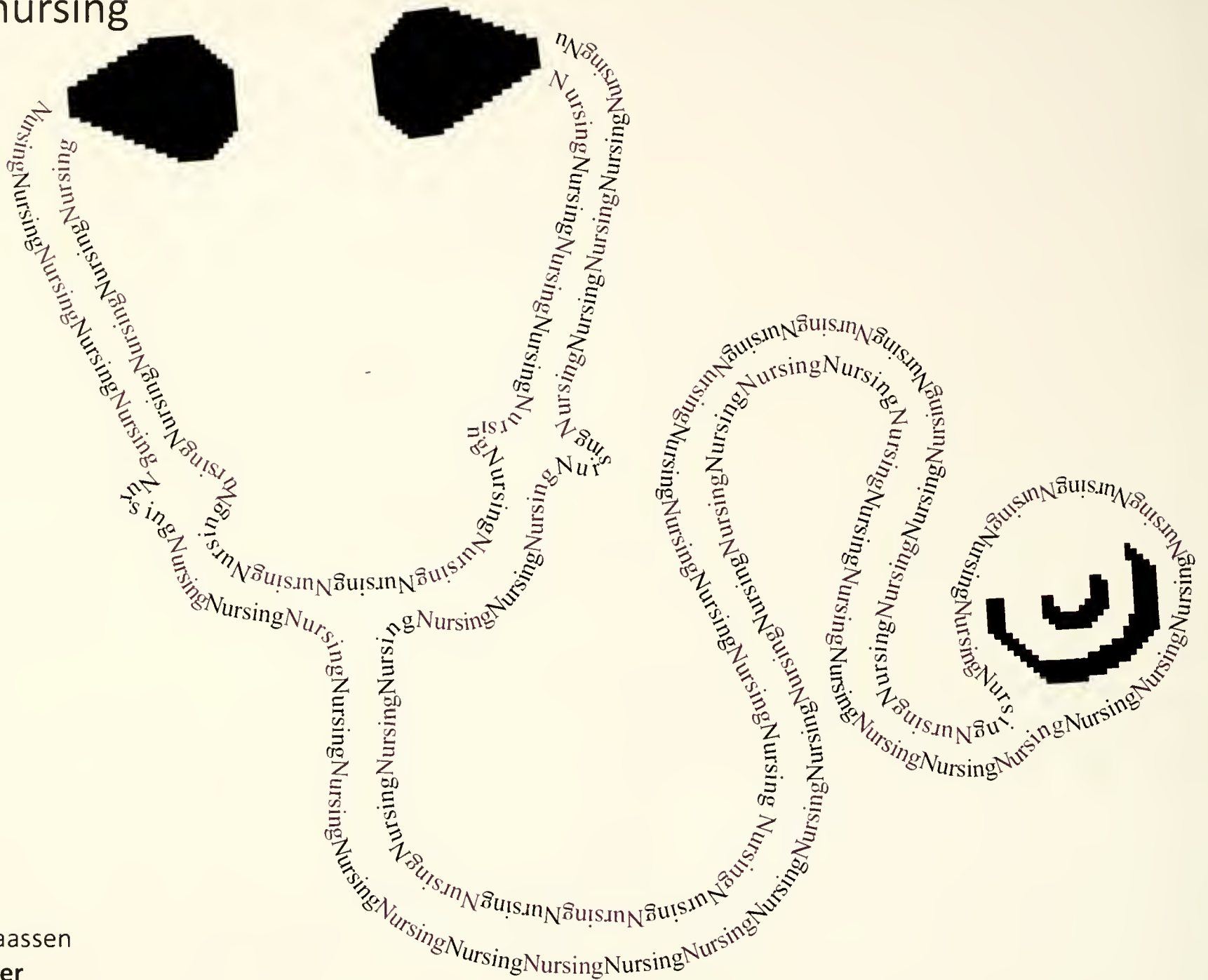


Gordon Cave/Grizzly



Gordon Cave/Grizzly

Winter 2011



Jessica Claassen
Staff Writer

A Nursing Community

Many people have heard about the nursing program Butler has to offer. However, that's about all people who aren't in the program know about it. While community colleges may sometimes have a bad connotation that all the classes are easy, this is an intense program the students go through. After finishing the two year program, students will be a licensed practical nurse (LPN).

The process to get into the nursing program takes four steps. According to Butler's website, the first step is admission into the college. This is the same for every student who wishes to attend Butler, even if they are not enrolling in the nursing

program. The second step is gaining admission into the program. Some of the steps to do this are: completing the required prerequisites, taking the admission assessment exam and handing in an application for the nursing program. The third and fourth steps are ranking for final selection and being accepted. Each fall and spring semester 56 new students are added to the program.

Some people have come to Butler for the nursing program because it has been recommended to them by other nurses. A nurse from the Susan B. Allen hospital says that Butler nursing students were always trained very well. At Wesley Medical Center, the nurses also have high praises for the Butler nursing



Courtesy Photo/Larry Gul

Nursing students Anne Boerstler, Mindy Dungan, Amanda Downtain, Kelly Estep and Alexa Rhoades volunteering at the Food Bank. Katie Fast says, "We try to give back to the community in some way every semester whether that be through blood drives, clothes drives for the women's shelter, putting together backpacks for kids at the food bank, or donating toys and supplies to the pediatric unit."

program.

Another reason the students come is for the price. Because it's a community college, Butler is much less expensive than a four-year college. This is a huge plus for any person who is trying to save money.

One handy thing about the nursing program is the scheduling. The nursing class is one ten-hour class. These students don't have to worry about juggling other classes or a harder registration. At other colleges, nursing students struggle with this problem. Each semester there is a four-six hour block class plus the clinicals. Sometimes there might be two days of classes, but oftentimes the teachers give the students a day just for studying.

Katie Fast, Newton sophomore, says "The nursing students become their own community. You are with the same 56 people for all four semesters, with about

20 more who join during the third semester for the LPN to RN degree completion program."

Lavonn Busenitz, Butler alumna of the nursing program, says, "I was impressed by the instructor's desire for us students to excel and learn as much as we could. I am glad that Butler allowed us to get right into the hospital setting the first semester, so we were able to put the skills learned in class into action."

The nursing program helps students not only know the information, but they also know how to practice it. Throughout the semester, the students are required to have two 8-hour days of clinical each week. This helps the students have an easier transfer into working at a hospital after Butler.

Busenitz says, "Each semester we were able to use more and more skills in clini-

cal, so when I became an actual nurse, I wasn't lost. I feel like the content from the classes allowed me to 'hit the ground running' when I was hired."

Students who have attained their LPN can also apply at Butler for Advanced Standing. More information on how to enter this program can be found at <http://www.butlercc.edu/nursing/LPNadmit.cfm>.

The nursing program at Butler is well-known to nurses and students looking into this field. Not only is it a place for students to come to get their LPN, but nurses who already have their LPN can come to Butler to work towards their RN. These students will be taught what they need to know to become a LPN and will put the information they gain into practice all four semesters they are here.



Courtesy Photo/Kelly Estep

Leah McKnight Milligan and Mindy Dungan at post conference during clinicals. Through clinicals the nursing students get the chance to put what they learn into practice and obtain experience which will impact their future as nurses.



Reneice Shook, Katie Fast and Christie Jacobs waiting for a test to begin.

Courtesy Photo/Kelly Estep

Feature Transfer Guide

TRANSFER

The how-to guide on furthering your education

colleges.usnews.rankingsandreviews.com

- **Undergraduate Enrollment** 21,066
- **2011-2012 Tuition**
\$8,732 in-state
\$21,539 out-of-state
- **Acceptance Rate**
91.4 %
- **Application Fee**
\$30
- **Degrees Offered**
Over 190 undergraduate
- **Deadlines**
March 11 for Scholarships
May 1 for Admission
- **Admissions**
(785)864-3911
adm@ku.edu
<http://admissions.ku.edu/transfers>
- **Other Information**
24 credit hours required for transfer students
Use <http://admissions.ku.edu/credit/transfer/> to check to see if the classes you have taken transfer to the University of Kansas



information courtesy of ku.edu

- **Undergraduate Enrollment** 18,788
- **2011-2012 Tuition**
\$7,376 in-state
\$18,404 out-of-state
- **Acceptance Rate**
94 %
- **Application Fee**
\$30
- **Degrees Offered**
Over 250 undergraduate
- **Deadlines**
Nov. 1 for Scholarships
May 1 for Admission
- **Admissions**
(785)532-6250
k-state@k-state.edu
<http://consider.k-state.edu/admissions/>
- **Other Information**
24 credit hours required for transfer students
Use <http://consider.k-state.edu/admissionreps/index.htm> to contact your admission representative for the area you live in



information courtesy of k-state.edu

- **Undergraduate Enrollment** 5,934
- **2010-2011 Tuition**
\$4,848 in-state
\$21,539 out-of-state
- **Acceptance Rate**
86.3 %
- **Application Fee**
\$30
- **Degrees Offered**
Over 100 undergraduate
- **Deadlines**
March 1 for Scholarships
Rolling Admission
- **Admissions**
(620)231-7000
psuadmit@pittstate.edu
<http://www.pittstate.edu/admission/>
- **Other Information**
24 credit hours required for transfer students
Use <http://www.pittstate.edu/admission/undergraduate/meetyourrep.dot> to find the admissions employee you will need.



information courtesy of pittstate.edu



RING 101

Gordon Cave
Design Editor



Information courtesy of wichita.edu

- **Undergraduate Enrollment**
11,704
- **2010-2011 Tuition**
\$8,732 in-state
\$13,924 out-of-state
- **Acceptance Rate**
88.6 %
- **Application Fee**
\$30
- **Degrees Offered**
Over 100 undergraduate

- **Deadlines**
Anytime for Scholarships
Rolling Admission
- **Admissions**
(316) 978-3430
admissions@wichita.edu
<http://www.wichita.edu/thisis/admissions/admissions.asp>
- **Other Information**
24 credit hours required for transfer students



Information courtesy of fhsu.edu

- **Undergraduate Enrollment**
Unknown
- **2011-2012 Tuition**
\$3,942 in-state
\$12,339 out-of-state
- **Acceptance Rate**
92.6 %
- **Application Fee**
\$30
- **Degrees Offered**
Over 60

- **Deadlines**
Feb. 15 for Scholarships
Rolling Admission
- **Admissions**
(785) 628-5666
admissions@fhsu.edu
<http://www.fhsu.edu/admissions/>
- **Other Information**
24 credit hours required for transfer students



Information courtesy of emporia.edu

- **Undergraduate Enrollment**
4,208
- **2011-2012 Tuition**
\$4,374 in-state
\$13,578 out-of-state
- **Acceptance Rate**
88 %
- **Application Fee**
\$30
- **Degrees Offered**
60 undergraduate

- **Deadlines**
Anytime for Scholarships
Rolling Admission
- **Admissions**
(877) 468-6378
go2esu@emporia.edu
<http://www.emporia.edu/admissions/>
- **Other Information**
24 credit hours required for transfer students

Feature

Theatre

Behind the Scenes Theatre Department

Alaina Cohen
Staff Writer

Aspire to be a star! Butler's theatre department gives students the opportunity to be inquisitive and successful in a fun environment. Students can take a bow under Butler's top notch lighting system on the main stage. Theatre students perform four productions a year to help students get the feel of what it's like "being in the spotlight." This year the productions included Little Mary Sunshine, Almost, Main, Forbidden Princess (a children's play) and Bless Me, Father.

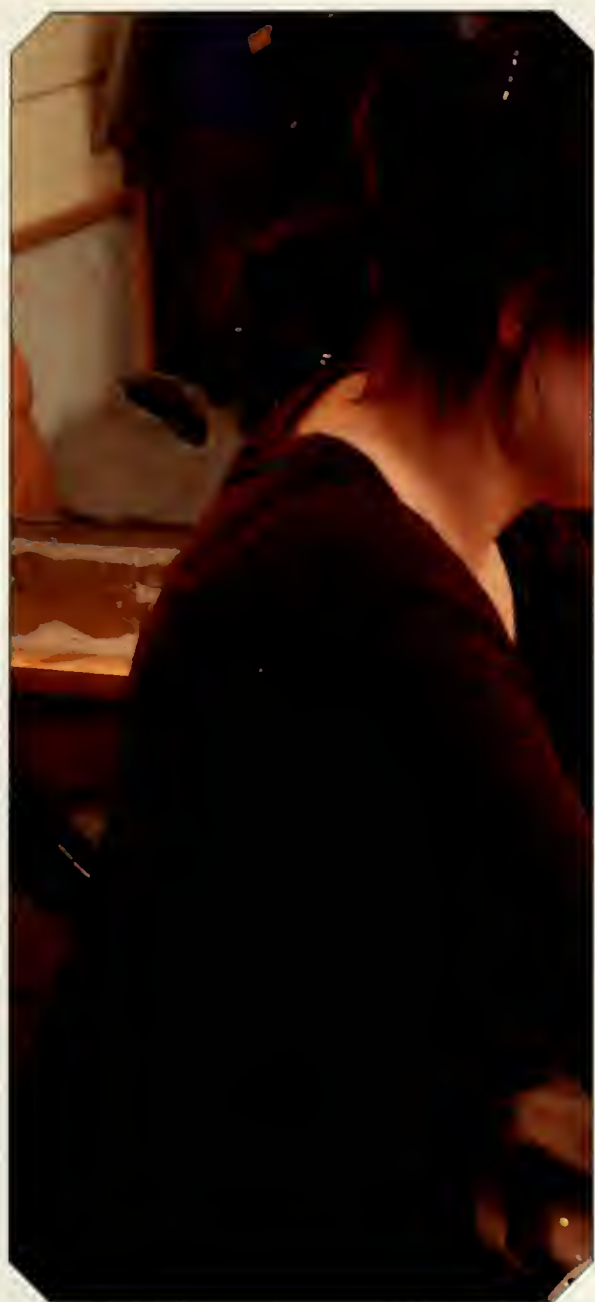
"I started getting involved in theatre when I was in 8th grade at my church youth group. It was a lot of fun so I just stuck with it. I like acting. I like entertaining people and making them laugh. It feels good to make people feel good," says Laura Annen, Whitewater sophomore.

Butler's Theatre Department offers a lot more to students than what meets the eye. Many students receive scholarships after high school to come to Butler's performing arts program.

"I came to Butler because I got a scholarship that pays for my books and tuition," says Annen.

One of the department's





productions, *Bless Me, Father*, premiered spring 2011. *Bless Me, Father* is a comedy about priests. All the action begins when Father Charles mistakenly believes that Father Richard's sister, Susan, does not want Father Richard to marry her and her fiancé. The comedy had audiences rolling on the floor laughing. The dates of the performances were April 14-16. It took a lot of hard work and dedication for these actors to ace their performance. Students had practice from 6:30-9:30 p.m. Monday through Friday and sometimes practices were 6-9 p.m. The practices went on for 6 weeks before the actual performance. The cast ranged from 15 to 20 people and only about 30 people auditioned.

"It was a good, bright comedy and it was a nice ending to a year, that's why I chose this play," director Bob Peterson says.

For some, the stage may be a second home, a home away from home, and others enjoy building sets and making their imaginations come alive. To others it may be an escape from reality, a chance to transform themselves into someone else and leave their problems behind.

"Theatre is fun and it's something to do. Most people don't want to do theatre because they get nervous being up on stage and performing in front of everybody, but it's really not a big deal. It's just one big family. It's so hands on too! You learn how to build sets and you can take classes to do stage makeup. You just really learn a lot," says Johnna Hasting, Towanda freshman.

Box Office

NAME
A-L

LAST NAME
M-Z



There are many ways that students can be involved with theatre besides just acting. There is set building, lighting, sound, music, choreography and stage directing. Students have to be very dedicated if they want to succeed in theatre. Like other activities, theatre requires time for practice and rehearsing before the actor can even be considered “worthy” of being on stage and performing in front of a live audience.

“The one, I guess, disadvantage to being in theatre is it takes a long time, and a lot of hard work, but it’s all well worth it in the end,” Annen says.

Most students who are involved in theatre in college had previously been involved in high school.

“I was involved in theatre all through high school. I just thought it was fun and I wanted to continue in college. Although, I really don’t like the small space that Butler has. I do like the people and the environment. If

I didn’t get the scholarship for theatre, I probably wouldn’t major in it. I would major in something like science,” Hasting says.

Theatre is a great opportunity to grow and open doors to the future. Theatre is an expression of the heart and soul. It opens your mind and spirit, allowing you to become anybody and everybody you want to. It feeds the soul. So, are you hungry?



Alaina Cohen/Grizzly



Bernie Wonsetler helps students as they work on the set for the spring play.

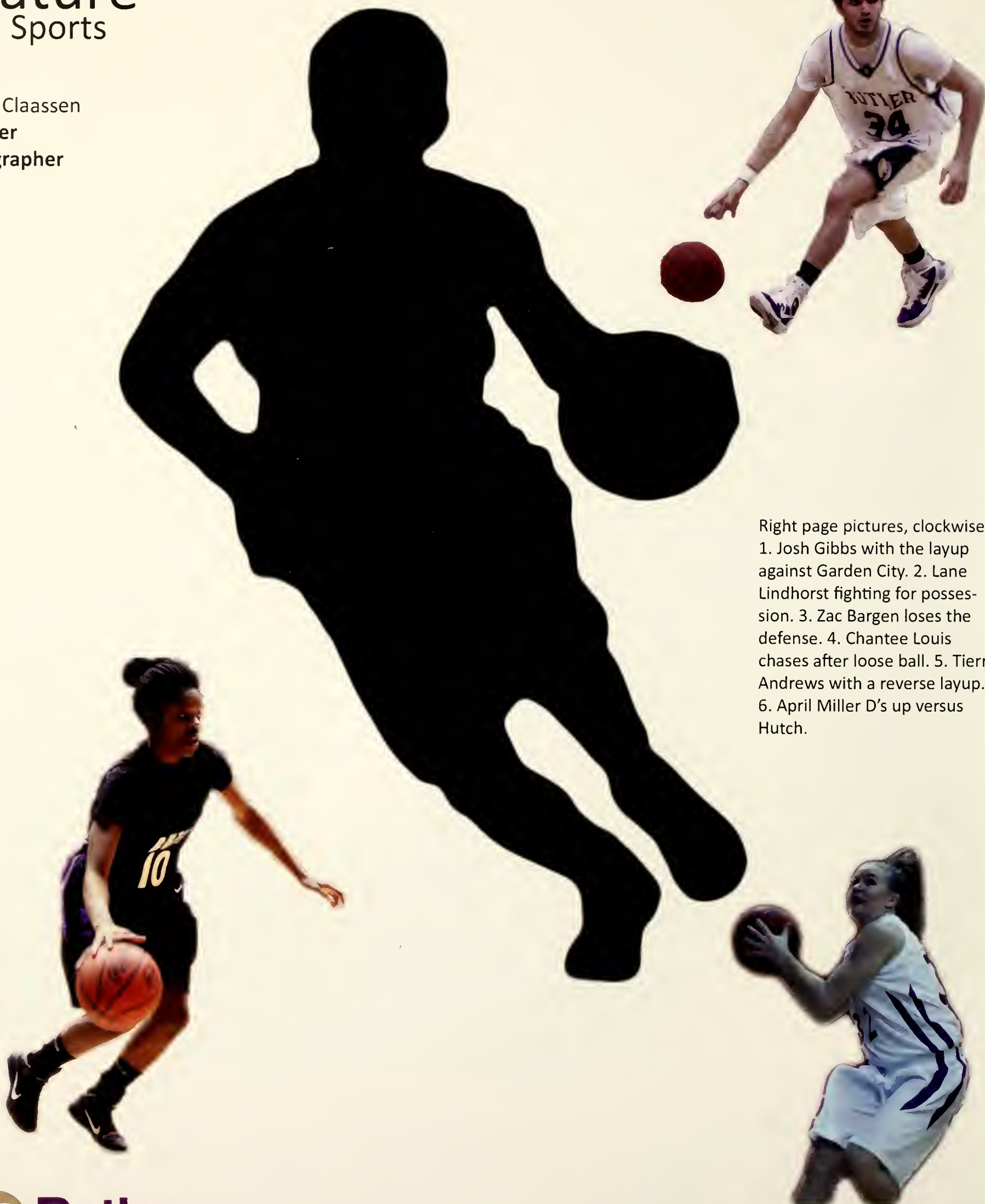
Alaina Cohen/Grizzly

Feature Sports

Jessica Claassen

Designer

Photographer



Right page pictures, clockwise.

1. Josh Gibbs with the layup against Garden City. 2. Lane Lindhorst fighting for possession. 3. Zac Borgen loses the defense. 4. Chantee Louis chases after loose ball. 5. Tierra Andrews with a reverse layup. 6. April Miller D's up versus Hutch.



Spring 2011



Right page pictures, clockwise. 1. Running bases. 2. Throwing pitches. 3. Damarious Randall back at third. 4. Clarisa Navarro safe! 5. Strike! 6. Butler player gets uniform dirty as he slides into third.



Spring 2011

Butler hosts Job Fair



Kayla Banzet/Grizzly



Kayla Banzet/Grizzly

Kayla Banzet
Editor in Chief

Suits, ties and booths filled the student union at the Butler Andover campus on March 29. Butler hosted their annual Career Fair for students. This year at the fair Butler welcomed 30 employers to set up booths and be available to students who are on the job hunt.

One might wonder what the importance of a job fair is.

According to Loretta Patterson, from Career Services, students need jobs too.

"The job fair is a good way to practice with meeting employ-

ers," says Patterson.

The fair allows students to get the inside scoop from employers on how to apply for jobs and obtain a job.

There were a variety of employers for students to choose from such as the Air Force, Child-Start and Friends University. The fair offered opportunities for everything from part-time jobs, internships and careers. Summer jobs have become popular at this event.

"Many students look for jobs during the summer or internships. They [internships] look great on a resume," says Patterson.

Not only did Butler hold the fair but they also gave students a

chance to prepare for the fair.

On March 14, at the El Dorado campus and on March 16 at the Andover campus, students were able to go and learn how to prep for the fair. Students learned tasks such as tying a tie, polishing shoes, how to properly shake hands and overall how to make the job fair a success for themselves.

"About 12 students attended the prep-event in El Dorado and about 8 attended in Andover," says Patterson.

Students who attended the fair were able to register for door prizes.

The Job Fair opens opportunities for Butler students to market themselves to local businesses.



Butler students visit employers' booths in the Andover Student Union during the career fair on March 29.

Opinion

Compare the Cons

Megan Mahurin
Managing Editor



Megan Mahurin/Grizzly

Most people use **alcohol** when they are in a social environment to mellow out and relax. Some even use it to numb pain. The effects of it on the body can be life threatening and increased consumption can cause:

| | |
|-----------------------------|-----------------------|
| Impaired judgment | Dehydration |
| Memory loss | Coordination problems |
| Lack of concentration | Slurred speech |
| Impaired vision and hearing | Heart disease |
| Slower reactions | Liver disease |
| Mood swings | Liver cancers |
| and much more... | |

So why do we pour this down our throats? Why do hundreds of people, nightly, go out and drink to get drunk? When did drinking a glass of wine at dinner become going to the club and getting plastered?

Should we make alcohol illegal? Should we up their age to drink to 25? Maybe then we'll have responsible drinkers? Cause that's what all the companies want us to do, right? I mean it says it in the commercials "Please Drink Responsibly." Or do they want us to get drunk, and drink until we are sick and dying?

Compare the Cons

the Effects on You...

Some say that alcohol and drugs have negative effects on the body, but yet we legalize them to anyone of a certain age. Some think that if we legalize one unhealthy habit we should legalize them all. Some see that if we just legalize it all and tax it, we will be able to control the amount being distributed, and in turn decrease our violence. The statistics may say it all...

Megan Mahurin/Grizzly



Nicotine is the most addictive chemical in smoking tobacco; however there are other ways to ingest tobacco, such as chewing. Both are bad for your body and can cause many medical conditions including:

- heart attacks
- strokes
- chronic obstructive pulmonary disease
- emphysema
- chronic bronchitis
- lung cancer
- cancers of the larynx and mouth
- pancreatic cancer
- and much more...

Even though they know these possibilities, people continue to smoke or chew. They sell cigarettes in every convenience store. Anyone over the age of 18 can get their hands on a pack of them.

Is that right?

Should we even have something so deathly bad for us available for people to purchase? Should we outlaw cigarettes, or would that be a waste of money, and be going too far? Would it help people decide that they are bad and that they should quit? I doubt it. People will still smoke their cigarettes, and still chew. People will make bad choices whether it's legal or not. So should we continue to sell it in stores in packs, and tax it.

Behind alcohol, caffeine, and tobacco, **cannabis** (Marijuana) is a popular recreational drug around the world. According to NORML (National Organization of the Reform of Marijuana Laws), in the United States alone, around 100 million



Americans have at least tried cannabis, with 25 million Americans having used it within the past year. The primary psychoactive effects of cannabis include a state of relaxation.

The effects completely wear off after approximately three hours. However, if a large amount is taken orally the effects may last longer.

Cannabis is one of the lowest drugs rated on dependence and comparing to both alcohol and nicotine. However, if you use cannabis every day, you can experience some psychological withdrawal symptoms such as: irritability, insomnia, and stressing easily.

Tetrahydrocannabinol (THC) is used as a treatment for a wide range of medical conditions which seems to be a highlight discussion these days. The Food and Drug Administration (FDA) acknowledges that "there has been considerable interest in its use for the treatment of a number of conditions, including glaucoma, AIDS wasting, treatment of spasticity associated with multiple sclerosis and chemotherapy-induced nausea." The agency has not approved "medical marijuana."

One form of cannabis (cannabinoids) is available by prescription in some parts of the U.S. for nausea and vomiting. The FDA does facilitate scientific investigations into the medical uses of cannabinoids

Other reported effects include the treatment of epilepsy, depression, bipolar disorders, blood pressure and more.

If smoked, cannabis can cause cancer, and smoking anything is harmful, but proven studies show that someone who smokes five joints a week takes in as much cancer-causing compounds as someone who smokes a full pack of cigarettes a day.



Caffeine Intoxication "caffeine jitters"

People drink caffeine on a daily basis, from coffee to pop, it's everywhere, even in the candy bar you snacked on the other day. The symptoms of caffeine intoxication are similar to overdoses of other stimulants. It may include:

- | | |
|--------------|----------------------------------|
| restlessness | increased urination |
| fidgetiness | gastrointestinal disturbance |
| nervousness | muscle twitching |
| excitement | irritability |
| insomnia | and irregular or rapid heartbeat |

larger overdoses:

- | | |
|--------------------|------------------------|
| mania | hallucinations |
| depression | anxiety |
| lapses in judgment | heart palpitations |
| disorientation | increased stomach acid |
| disinhibition | erosive esophagitis |
| delusions | |

So why do we allow a five year old to buy a pop? Why do we train our children to harm themselves slowly by intaking all the bad chemicals that we allow them to have? Should we stop selling candy, pop and coffee? No, because everything in moderation is not going to cause these problems.

So many things have negative effects on the body, and we allow pretty much anyone to purchase it. Everything can become an unhealthy habit, so should we make it all completely illegal and raise our violence statistics, or put these substances in stores, tax them, control them, and place restrictions on them?

Budget Cuts

Butler not affected by threat of budget cuts

Two words, budget cuts. When you hear those two words millions of things go through your head. What department is going to be affected, is your favorite activity going to get cut, will you be able to still have your favorite teacher teach you?

College is supposed to be the best thing that ever happened to you, so you have heard. But what you didn't hear that most people don't talk about is how they deal with their money issues and how they try to save without spending so much.

With all the problems going around the world most people don't think it will affect them, when in reality it will, and it will hit them hard. One of the biggest issues affecting everyone now are gas prices.

It wouldn't be such a problem if you didn't have to rely on it, but you do, because it is your transportation. And for some people it might be their lifeline. Even though the prices are going up, people won't stop buying, filling up their vehicles because they use them on a daily basis.

Though budget cuts are not always ideal, they are necessary in order to fix our state budget deficit. Sadly, some people will be affected more than others.

Example, say you want to take a certain class, because one of your friends told you about it the year before while you were taking a break from school. And once you start enrolling you start asking if they still have

that same program and come to find out they don't. The reason is because they had to cut it.

According to Jackie Vietti, Butler President, "There are no proposed cuts to higher education for the 2011-12 year. Nor are there any proposed cuts for the remainder of this fiscal year."

However, even if there happens to be some budget cuts, Butler is prepared, since they have set aside \$600,000. This makes it so they will not be affected by any budget reductions that may happen in the next year.

"Though, without the expectation of any new monies from the state, it will be incumbent upon our budget officers, our senior management, me as president, and the board of trustees to endorse a budget that maximizes our finite resources and re-allocates a portion of those resources to address areas of greater need in order to provide the best possible service to our students and our communities," says Vietti.

While Butler stands in good shape, some of the state's school districts are being faced with the harsh reality of budget cuts.

As of Friday, March 11, Kansas Governor Sam Brownback cut \$56.5 million. Most of these cuts will be affecting the schools. State aid will be cut to \$75 per student, taking it from \$4,012 to \$3,937. Some other cuts include reductions in the arts commission, Department of Wildlife and Parks, higher education and operating budgets for the attorney general.



Photos Amanda Peters/



Sports

Intramurals



Jason Hamm, intramurals director, teaches Cassie Larkin, Maize freshman, the proper way to grip a club.

Intramurals Provide Opportunities for Students



Winding up, Jason Hamm, intramurals director, tries for a hole in one. Below, Garrett Fitzmier, Maize freshman, practices his swing.

Photos by Emily Kindel/Grizzly



Butler's intramurals provides an array of activities for students so they can participate, but not stress over it taking up too much time in their lives. Sports include dodgeball, 3-on-3 basketball, golf, softball, 5-on-5 soccer and even pickle ball. Intramurals consists of sports that most people have played in either middle school or high school.

Students don't have to have a physical on file to play and can choose however many sports they wish to participate in. Intramurals is set up for all students, even if they don't live on campus.

"I have fun participating in intramurals. It is fun hanging out with other students and meeting new people," says Garrett Fitzmier, Maize freshman.

The team doesn't have any practices. And availability just depends on the sport.

The table tennis match did not have quite the turnout that Jason Hamm, the intramurals director, was looking for, but that was due to there being a baseball game that same day.

"The baseball team makes up for most of the guys who enjoy table tennis, but since they had a game not very many people showed up," says Hamm.

Hamm tries to schedule games around sporting and academic events. But sometimes it doesn't always work out.

For the first time in three years, golf was brought back to intramurals on March 31 at Prairie Trails golf course. With a turnout of 12 people, golf proved to be successful.

"It was fun laughing at people because none of us actually knew how to golf," says Cassie Larkin, Maize freshman.

Ever wanted to play a sport and not have to be committed to it for the whole year? Or maybe you already have a vocal scholarship, but you still want to play golf or pickle ball in your spare time?

passing on knowledge

Attitude, attitude, attitude. According to Maize High School assistant wrestling coach Zach Hentzen, Wichita sophomore, a good attitude is the main quality that makes a good wrestler.

Hentzen would be one to ask about the qualities of a good wrestler. It is practically in his blood. His three older brothers all have been wrestlers. Hentzen started wrestling at his older brothers' practices when he was only 4-years-old, just goofing around.

According to Hentzen, he wasn't very good when he started competing at age five at Northwest High School's Youth Club.

"When I was really little, I would get pinned and get up and just smile," Hentzen says. "There were times I wanted to quit and try like, basketball or something, but I kept going to practice."

This kind of determination is just another quality needed to make it as a wrestler. Hentzen says if you can work hard, there's not much else you can do.

"I've always thought that you've got to be kinda crazy to wrestle: cutting weight and constantly going at practice. Just finding a good challenge and physically trying to overpower your opponent."

Right before Hentzen



began junior high, he started practicing more and getting better. He attended several camps, including the J. Robinson Intensive Wrestling Camp, a 28-day intensive camp in Minnesota. By the end of the month-long camp, Hentzen and the other wrestlers had to be able to run 15 miles.

Hentzen became an underdog his freshman year of high school. But because of his aggressive training, he could surprise an opponent in matches with a pin, which helped him go to and win state. After this victory, Hentzen says for the next three years all he wanted was to get back to state.

His sophomore year he won first place at state but did not have such luck the following year.

"My junior year I ended up blowing it at state," Hentzen says. "My dad was sick with cancer and in Houston getting chemo."

His dad was always coaching Hentzen and his brothers, but since he couldn't be there Hentzen just wasn't focused.

"My senior year, there was no stopping me for state. I was all fired up."

After looking through the school's records, Hentzen discovered that the record for takedowns was 21. He became determined to both win state and break the record.

"I got 21 takedowns in four matches to claim the Maize takedown record. In the finals I took the kid down, let him up a few times, then pinned him. It was awesome," Hentzen says with a huge grin on his face. "That was just my tournament to win, and I wasn't

letting anything stop me."

After graduating high school, Hentzen went on to Pratt Community College for a year on a wrestling scholarship before coming to Butler.

This year, Maize's new head wrestling coach, Mike Schauer, wanted a few extra hands and called Hentzen asking for some help. This has been Hentzen's first season working as a coach, but he said he really enjoys it so far.

"It's a lot of fun. I just really enjoy helping the kids get better. It really helps the sport."

According to Hentzen, his favorite part of the coaching is seeing the kids improve and compete in matches with actual wrestling moves. This helps instill confidence in them, which, Hentzen said, makes it a lot more fun when they do well.

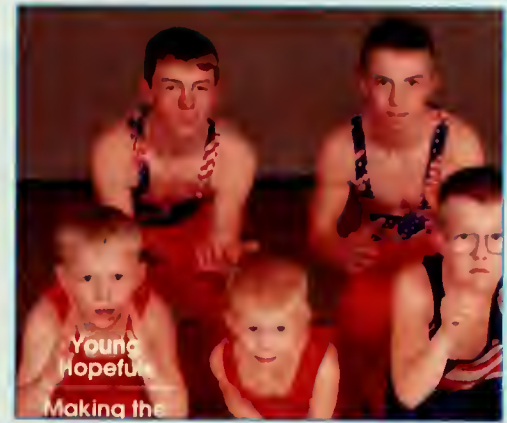
"It's just a lot like being on a high school wrestling team again. I go to practice every day and to weigh-ins early in the morning. And then I'm at the tournament all day on Saturdays. I'm even worn out at the end of the day."

Even though he's been surrounded by wrestling his whole life and even works with it, Hentzen would love for Butler to offer wrestling.

"I just want them to have it so bad. I think it would attract a lot of students. Or even just [offering] an intramural or wrestling class."

Hentzen has a deep-rooted love for wrestling, which keeps him going back to practice day after day, even if he's not the one competing.

"I feel like I should pass some wrestling knowledge on."



The Hentzen brothers pose for a fake "Sports" magazine in 1997. From left to right: Zach, Joe, Beau, Chris and Luke. All five Hentzen boys wrestled.



Hentzen poses excitedly after winning state his sophomore year at Maize High School. Hentzen's most memorable match was from this tournament: he escaped with a head lock from bottom position and knocked the contacts straight out of his opponent's eyes.



Hentzen stands with the 2005 Kansas High School State Wrestling bracket after winning state.



So far, it has been a rocky season for Butler's baseball team. At the beginning of the season the Grizzlies were doing well. They do a great job protecting their home turf, but when it is time to travel they get homesick. Butler has a home record of 13-4 and an away record of 2-10. They are 6-10 inside the Jayhawk West Conference. Some reasons for the trouble this season are that Butler has a young team with only 10 sophomores. With a young team comes little experience. There have been a couple games postponed due to weather issues.

When asked about the season, Head Coach B.J. McVay says,

"We had our ups and downs. We haven't played consistent. We'll play three good games then turn around and play three bad ones. If we can get more consistent we can turn this season around. On offense we're good, on the mound we're good but we are not consistent on defense. "

Some of the key players for the Grizzlies are Brayon Colley, Pensacola, Fla. freshman, Kyle Kinman, Omaha, Neb. sophomore, Brennan Murphy, Oklahoma City, Okla. sophomore, and Michael Patman, Stillwater, Okla. sophomore. Murphy has a best batting average of .432, 28 runs, 38 hits and 16 RBI. Culley leads the team with 40 hits and he is tied with Murphy for the

most runs with 28. Kinman does a little bit of everything for the Grizzlies. He pitches and hits. That is not very common for a pitcher. Kinman has 20 runs and 34 hits. He leads the team with 29 RBI.

Coach McVay says, "Murphy is having a good season. He is hitting .410 from the plate."

Starting catcher Seth Wheeler plays a major part on the team and Kinman hits .350 from the plate. He plays in the outfield and is a starting pitcher.

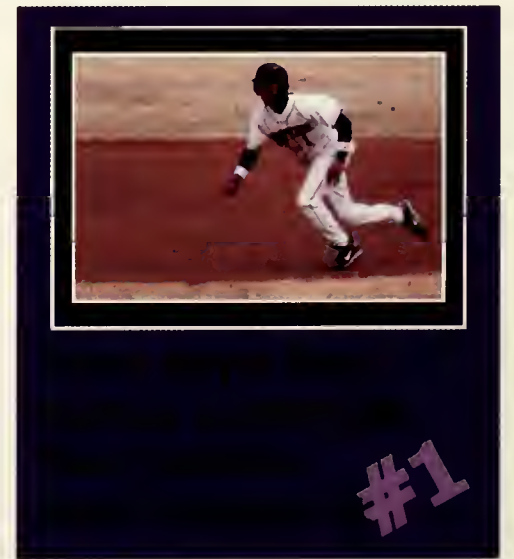
As of early April the Grizzlies have an overall record of 17-16 and they are 9-11 in the Jayhawk West Conference.



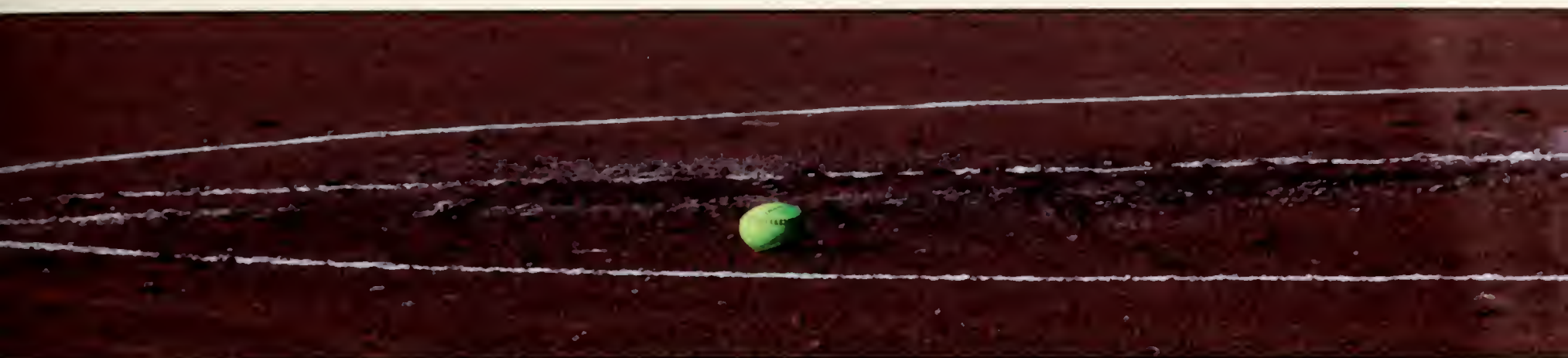
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#5



#1



The Lady Grizzlies' softball team has had a productive season so far 30 games into the season with a very good 24-6 record. Butler got a great jump on the season starting off 9-0, beating Northern Oklahoma-Tonkawa, Hutchinson and Neosho, run ruling Neosho in both games, all in doubleheaders for the first six wins for the season. The Lady Grizzlies then traveled to Texas where they extended their streak but found their first two losses of the season.

In the two day Temple Tournament the Lady Grizzlies were the black sheep of the crowd being the only team that wasn't from Texas in the tourney. The first day Butler showed their Kansas dominance, winning all three of their games versus San Jacinto South, Ranger College and Galveston. The second day was against much harder teams in the Howard Hawks, who are currently 23-14, and Midland College who was ranked sixth in the nation at the time. The Lady Grizzlies got a taste of their first two losses, losing to Howard 11-6, then Midland 7-1.

"We have gained a lot from our losses this year," said Head Coach Doug Chance.

Backing up Coach Chance after his team's first two losses of the season they went on a 14 game tear, beating every team by a very respectable margin. Out of those 14 games the Grizzlies run ruled those teams, all in just five innings, in nine of those contests. The largest margin of victory was versus the Barton Cougars, beating them 15-0.

By the start of April the Grizzlies were very impressive with a 22-2 record and were recognized as ninth in the nation but the start of April wasn't too friendly to the Grizzlies. It started with the two day Johnson Tournament where the Grizzlies started well, beating Iowa Central 7-3 but then losing to Indian Hills, Iowa 3-1 on the first day and both teams the second day, Iowa Central 3-2 and then Indian Hills 3-2. After the tournament Butler played a doubleheader against the Seward Saints, losing their fourth game in a row, and their sixth loss of the season, 3-1 but then came

back to end the losing streak, run ruling the Saints in the second game of the doubleheader 8-0 in five innings.

"Our strong suit is definitely our pitching. It has been consistent all season long," says Chance.

Pitcher Courtney Kasson, Lawrence, Kan. sophomore, stands out a little more of the three pitchers with an ERA of 1.940 and 57 strikeouts in 83 innings pitched.

"I couldn't crown an MVP of the season because in a way that would be cheating everyone else since everyone else has done well," says Chance.

Each lady has done her job all season and as coach said it's unfair to single any one player out without mentioning all the other women on the team.

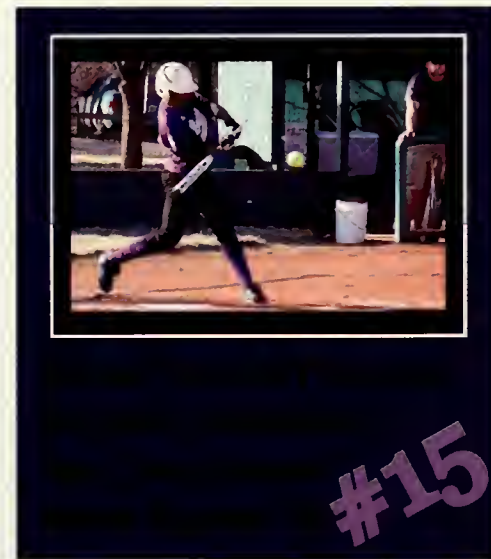
This team has come very far this season and looks like the favorite to win the Region Six this year and maybe even the National Tournament.



#54

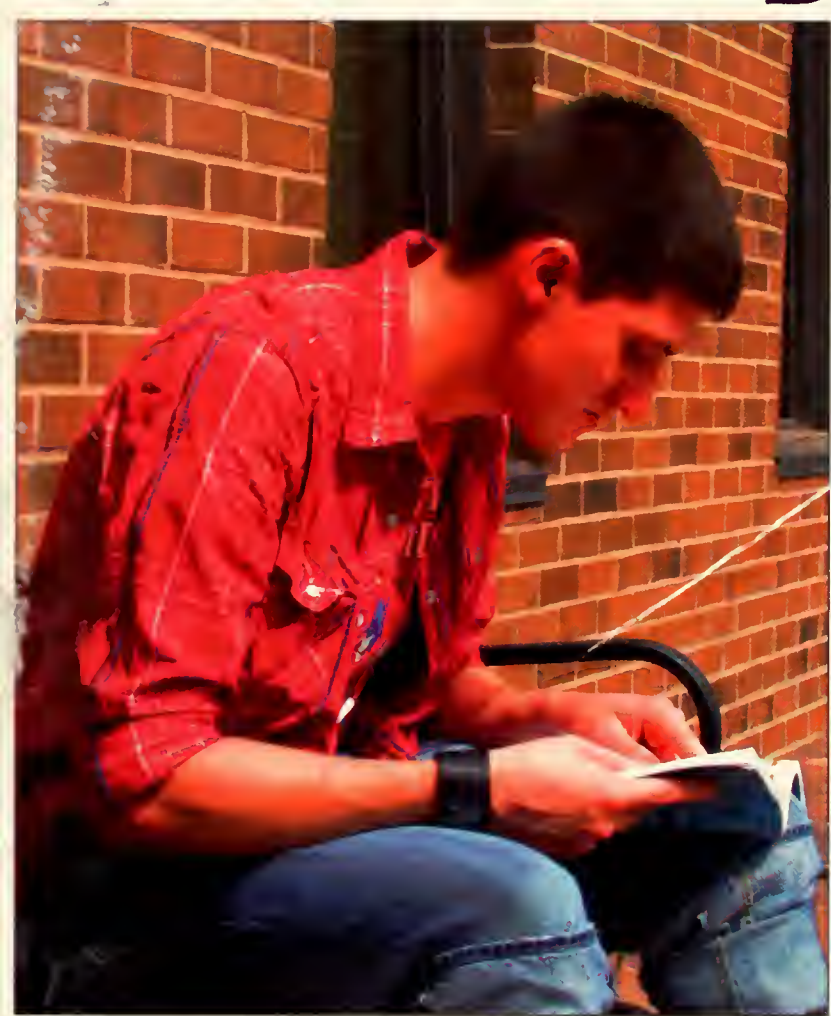


#11



#15

Why should **you** become a Butler Grizzly?



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